

Welcome to Rec Gym Kirrawee!

## Membership Contract / Terms & Conditions

### 1) Contract Term

Your contract is only as long as your selected billing cycle, we do not offer refunds for any reason. You will need to let us know 7 days before the end of your current billing cycle if you do not wish to continue your membership. This can be done via [info@recgymkirrawee.com](mailto:info@recgymkirrawee.com)

### 2) Holds

You are able to hold your membership for ONE week as a minimum and TWELVE weeks as a maximum. You must inform us of the hold start and end date 7 days before the beginning of the hold, no holds will be applied retroactively. This can be done via [info@recgymkirrawee.com](mailto:info@recgymkirrawee.com)

All memberships HOLDS will incur a \$10 admin fee.

### 3) Asshole Clause

Rec Gym Kirrawee strives to be a positive and encouraging environment for all of our clients. Anyone that is disruptive or negatively influences this environment is subject to having their membership revoked with no refund either temporarily or permanently; this is at the sole discretion of Rec Gym Kirrawee Management.

### 4) Soliciting

No member shall intentionally approach (physically or digitally) another member or staff of Rec Gym Kirrawee with the purpose of selling products or services, this also extends to undercutting products and services already for sale by Rec Gym Kirrawee.

### 5) Kids

Children are always welcome in the facility, they must be kept away from the equipment and classes at all times, this is for the health and safety of your child(ren), the equipment and other members.

### 6) Equipment/Facility

We do our best to keep the facility and all of the equipment in perfect working order, for us to be successful we have a detailed maintenance/cleaning plan and the following non-negotiable stipulations;

- Absolutely No dropping of empty weightlifting bars, including from the waist
- No dropping of bars with 5kg plates (includes a set of two 5kg plates /side)
- No dropping of Kettle Bells
- No sitting on wall balls
- No using benches as boxes
- Chalk stays in the buckets and is not to be used as used to draw round count

Non adherence to these policies, intentional damage or general misuse will result in 'you break it, you bought it'.

Pricing will be current market price for a new replacement.

### 7) Rec Gym Recovery

If you are registering for a membership in our recovery room please be aware of the following protocols. Any damage/misuse of equipment during your session will not be tolerated. The same rules apply as 6.

I have read and understand this release and agreement and agree to its provisions. I am not under their influence of any drugs, alcohol, or other intoxicants. I am not suffering from any illness or incapacity. I am over 18 years of age. (If not over 18 years of age, parent or guardian must sign.)

## GYM WAIVER:

In consideration of the fee paid participants understand that there is a risk of personal injury in training and, with this knowledge, agrees to assume the risk of any injury and damages to participant during training. We lift weights, jump on boxes, swing on bars and do other fun things that have risk associated with them. We ask that you be careful and always have safety in mind at Rec Gym Kirrawee.

Specifically, participant agrees to hold harmless Rec Gym Kirrawee and all other individuals, organizations, sponsors, promoters, operators, hosts, instructors, associations, schools, owners, officials, directors, employees and other participants connected with the event from all losses, damages, injuries, causes of actions, claims, or complaints in the event that the participant is damaged or injured in any way during the participation, instruction and/or performance of any exercise or during any activity associated with the event location or during transit to or from the event.

Participant further agrees to strictly obey coach and observe safety rules.

Participant understands that in case of injury, the only medical treatment Rec Gym Kirrawee will provide is first aid.

Participant agrees that any pictures, audio, or visual recordings taken of him/her in connection with the class can be used for publication, promotion, articles, shows and advertisement without additional consent and without compensation at this time or any other time.

I have read and understand this release and agreement and agree to its provisions. I am not under their influence of any drugs, alcohol, or other intoxicants. I am not suffering from any illness or incapacity. I am over 18 years of age. (If not over 18 years of age, parent or guardian must sign.)